### Mental Model Research 2009

**UE Meeting Presentation** | 10.01.2009

Phase II Findings

### Phase I | Recap: What We Did

Phase I

Engaged with other internal departments to see if similar work has already been done.

Interviewed 11 people in their homes (9 visits).

Interviewed 5 people at the Crystal City Gateway lobby area.

Phase II

Phase I Phase II

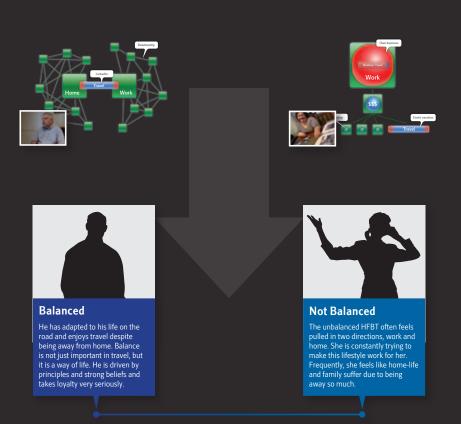
## Phase I | Major Outputs

### **Personas**

9 Mental Models along with insight from a set of hotel lobby interviews were used to generate 3 pairs of personas.

### **Themes**

In addition to giving form to 9 Mental Models, the in-home interviews illuminated 10 different themes.







Phase I

Phase II

### Phase II What We Did

Brainstorming session with UE members.

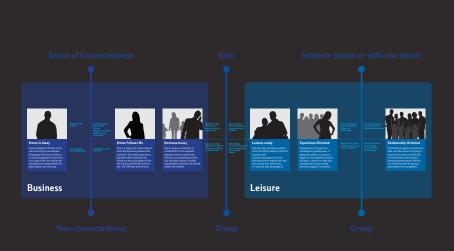
Focus groups with HFBT, Leisure, and Transition travelers in Bethesda, MD and Chicago, IL.

Phase I Phase II

# After Phase II | Major Outputs

### **Refined Personas**

9 Mental Models along with insight from a set of hotel lobby interviews were used to generate 3 pairs of personas.



### **Matrix of Themes**

In addition to giving form to 9 Mental Models, the in-home interviews illuminated 10 different themes.



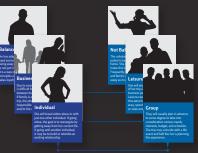
Phase I Phase II

# Logic of the Research





**Mental Models** 



Personas



Bethesda FG



Chicago FG





**User Needs** 

Design Opportunities

In-home Interviews

Themes

**User Needs** 

**Design Opportunities** 

Focus Group Content

Part I

Questions

Part II

Concepts

Introduction

Personas

Themes

**User Needs** 

**Opportunities** 

**Focus Groups** 

Outputs

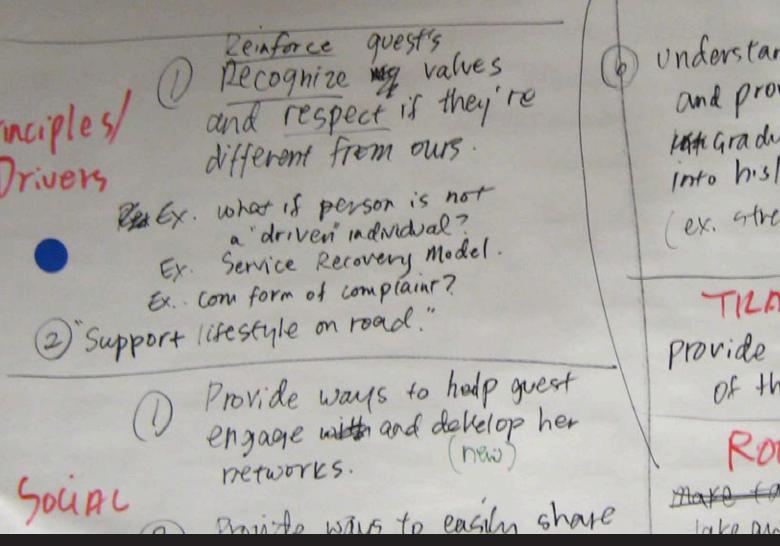
**Next Steps** 

Phase I

Phase II

# Phase I | Summary & Wrap Up

### Setting Up for the Focus Group



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Personas Recap from Phase I

Using all the findings to date, the UR team was able to develop three main groups of personas:

High Frequency **Business Travelers:** Travelers:

Phase I

Transition

Leisure **Travelers:** 

Phase II

Business travelers who spend 100+ nights a year on the road.

Business travelers who tag-on additional leisure days to a business trip or leisure travelers who cannot suspend work.

Vacationers who travel for leisure.

Phase I

Phase II

## **Using Personas to Determine Focus Groups**

High Frequency
Business Travelers:

**Transition Travelers:** 

Leisure Travelers:







High Frequency Business Focus Group

Bethesda FG

High Frequency Business Focus Group

Chicago FG

Transition Traveler Focus Group

Bethesda FG

**Transition Traveler Focus Group** 

Chicago FG

Leisure Traveler Focus Group

Bethesda FG

Leisure Traveler Focus Group

Chicago FG

Phase I

Phase II

# Using Personas to Determine FG Inquiry

High Frequency
Business Travelers:

**Transition Travelers:** 

Leisure Travelers:







How do they Focus Group balance

life & work? Focus Group

Chicago FG

How do they balance

leisure & work?

Chicago FG

How can we better understand

individual & group travel?

Phase I Phase II

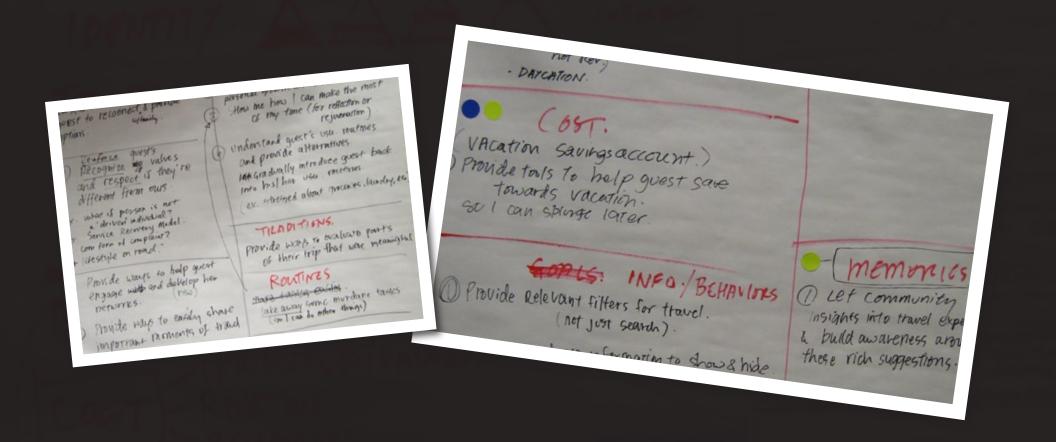
# Themes Recap from Phase I



Phase I Phase II

## **Building the Themes Matrix**

Analysis & Synthesis ...



Phase I Phase II

## **Building the Themes Matrix**



#### **Tradition**

People hold to certain beliefs, thoughts, and actions based on childhood experiences, education, or upbringing. Many claim that such traditions make up parts of their core foundation. This theme ties closely with the themes of Identity and Principles/Drivers.

Preserving traditions and even creating new ones are fundamental to many individuals and this preservation must not be compromised when away from the home.



#### Identity

Many individuals are consistently evaluating themselves (education, skills, work-life balance, etc) as well as their relationships. Some have a clear goal of what they hope to become in the future (as in our Circle of Life activity), some are still searching for who/what they want to become, while some are self-actualized (content with who they are) and wish to share their personal discoveries with others. The theme of Identity is closely related to Tradition and Principles/Drivers.

People travel to re-energize themselve, to gain personal growth, as well as to strengthen relationships that may contribute to their identity.



#### **Social Connection**

Sometimes people need help maintaining long-lasting relationships with friends and/or colleagues.

The elderly enjoy having an influence (mentoring) others and sharing their own life experiences with those who are willing to listen. Younger individuals have embraced a culture that has redefined social interaction norms and rituals through the internet and social media products.

Oftentimes, people share important moments of their life with other through photos, blogs, email, or even using the trip itself as a social experience.



#### Routine

Overall, people need help accomplishing every day tasks, sticking to daily routines, and being more efficient.

However, sometimes people need to escape the monotony of life or the "hustle and bustle" of work to reenergize themselves.

During travel, certain routines must be supported throughout the journey while others may need to be suspended for individuals to rejuvenate. Towards the end of one's travel, returning back to suspended routines can be stressful and people tend to plan on ways to ease back into their normal rituals.

Canca of Time

Phase I Phase II

### **Themes to User Needs**



#### **Tradition**

People hold to certain beliefs, thoughts, and actions based on childhood experiences, education, or upbringing, Many claim that such traditions make up parts of their core foundation. This theme ties closely with the themes of ldentity and Principles/Drivers.

Preserving traditions and even creating new ones are fundamental to many individuals and this preservation must not be compromised when away from the home. Help me preserve/create traditions



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People travel to re-energize themselve, to gain personal growth, as well as to strengthen relationships that may contribute to their identity.

Help me [us] rediscover who I [we] am [are]

Help me develop my identity

Help me suspend and retrieve my identity

Help me pass on a legacy (to the next generation, acquaintances, people with similar interests, students, friends, family)



#### Social Connection

Sometimes people need help maintaining long-lasting relationships with friends and/or colleagues.  $\label{eq:condition}$ 

The elderly enjoy having an influence (mentoring) others and sharing their own life experiences with those who are willing to listen. Younger individuals have embraced a culture that has redefined social interaction norms and rituals through the internet and social media products.

Oftentimes, people share important moments of their life with other through photos, blogs, email, or even using the trip itself as a social experience.

Help me sustain long lasting relationships with friends and/ or colleagues

Hlep me share important moments of my life with others

Help me connect/maintain connections with others

Help me influence others (mentoring someone or getting mentored)



#### Routine

Overall, people need help accomplishing every day tasks, sticking to daily routines, and being more efficient.

However, sometimes people need to escape the monotony of life or the "hustle and bustle" of work to reenergize themselves.

During travel, certain routines must be supported throughout the journey while others may need to be suspended for individuals to rejuvenate. Towards the end of one's travel, returning back to suspended routines can be stressful and people tend to plan on ways to ease back into their normal rituals.

Help me accomplish tasks

Help me by supporting my daily routines

Help me escape monotony

Help me with efficiency



Phase I Phase II

# User Needs to Design Opportunities/Implications

T Pe

#### Tradition

People hold to certain beliefs, thoughts, and actions based on childhood experiences, education, or upbringing, Many claim that such traditions make up parts of their core foundation. This theme ties closely with the themes of ldentity and Principles/Drivers.

Preserving traditions and even creating new ones are fundamental to many individuals and this preservation must not be compromised when away from the home.

Help me preserve/create traditions

Provide ways to evaluate parts of their trip that are/were meaningful and may do again

Provide ways to capture these meaningful moments



### Identity

Many individuals are consistently evaluating themselves (education, skills, work-life balance, etc) as well as their relationships. Some have a clear goal of what they hope to become in the future (as in our Circle of Life activity), some are still searching for who/what they want to become, while some are self-actualized (content with who they are) and wish to share their personal discoveries with others. The theme of Identity is closely related to Tradition and Principles/Drivers.

People travel to re-energize themselve, to gain personal growth, as well as to strengthen relationships that may contribute to their identity.

Help me [us] rediscover who I [we] am [are]

Help me develop my identity

Help me suspend and retrieve my identity

Help me pass on a legacy (to the next generation, acquaintances, people with similar interests, students, friends, family) Provide ways to allow guests to rediscover who they are

Provide relevant ideas for personal growth activities

Show guests ways to make the most of their time (for reflection & rejuvenation) Understand guests' usual routines and provide alternatives. Provide ways to gradually introduce guests back to their usual routines

Provide ways to put together important stories to share with loved ones



#### Social Connection

Sometimes people need help maintaining long-lasting relationships with  $friends\ and/or\ col$  leagues.

The elderly enjoy having an influence (mentoring) others and sharing their own life experiences with those who are willing to listen. Younger individuals have embraced a culture that has redefined social interaction norms and rituals through the internet and social media products.

Oftentimes, people share important moments of their life with others through photos, blogs, email, or even using the trip itself as a social experience.

Help me sustain long lasting relationships with friends and/ or colleagues

Hlep me share important moments of my life with others

Help me connect/maintain connections with others

Help me influence others (mentoring someone or getting mentored) Provide ways to help guests engage and develop personal networks (even new networks)

Provide ways to easily share important moments of travel with others

Let guests find ways to "mentor" others or get mentored by others - offer ways for guests to share own life experiences with others



#### Routine

Overall, people need help accomplishing every day tasks, sticking to daily routines, and being more efficient.

However, sometimes people need to escape the monotony of life or the "hustle and bustle" of work to reenergize themselves.

During travel, certain routines must be supported throughout the journey while others may need to be suspended for individuals to rejuvenate. Towards the end of one's travel, returning back to suspended routines can be stressful and people tend to plan on ways to ease back into their normal rituals.

Help me accomplish tasks

Help me by supporting my daily routines

Help me escape monotony

Help me with efficiency

Make usual tasks easier or take away some mundane tasks (i.e. grocery shopping, laundry, etc) to open up space for guests to do other things

Canca of Time

Phase I Phase II

# **Brainstorming Using Design Opportunities**

Brainstorming with some UE team members



Phase I

Phase II

From Brainstorming to "Concepts"

Through the brainstorming session, we were able to produce 5 concepts that would test the themes, user needs, and design opportunities.

### **NOTE:**

The purpose of the 5 concepts would be to demonstrate some of the findings in the Matrix of Themes and not to test the concepts at face value. They were formed to probe guests' level of needs and comfortability with the themes.

Phase I Phase II

# Phase II | Focus Groups

### From Interpretations & Understandings to Validation



Phase I

Phase II

## Focus Groups | What We Did

We conducted focus groups with the persona groups identified in Phase I. The groups were held at Marriott headquarters and in Chicago, IL.

Each session lasted about an hour and forty-five minutes and consisted of discussions around customer needs & themes identified in Phase I.

We also gathered feedback on product concepts built around unmet user needs from Phase I.

Phase I

Phase II

# Focus Groups | HFBT Findings

### Where is Home?

For some HFBTs, home is where their families are. It's somewhere most stable and away from their work.

For others, home is where they currently are. This could be their hotel room while they are on a project for a few months or a city they reside in for a job assignment.

### **Connectedness**

Feeling torn between work and home responsibilities is often related to how connected someone feels to their loved ones, friends, and families. The more connected they feel, the less torn they are.

"The internet helps a lot. You can pay bills online, you can stay connected and IM people. You can also Skype with people. There are a lot of options to stay connected."

Phase I

Phase II

# Focus Groups | HFBT Findings



### Family:

Being away from home is difficult for these road warriors and they often feel torn between their responsibilities back at home and their work.

"There is a huge sacrifice for the people who are home. Things are important. I used to have the best manicured lawn in the neighborhood. I used to prioritize things differently when I was home. Everyone has a role in the family but when you're gone, these things change. I had to teach my daughter how to mow the lawn. The family dynamics change when you're gone and when I get home, I don't want to have to worry about the lawn; I'd rather spend time with my family."

Phase I

Phase II

# Focus Groups | HFBT Findings





### **Social Connection:**

Being away on travel most of the time puts a strain on friendships and social ties.

"It really takes the extra effort and work to keep in touch with friends, because you're gone all the time. I used to get together with people during the week but I can't do that when I'm traveling. It takes the extra effort."

Phase I

Phase II

# Focus Groups | HFBT Findings







### **Principles/drivers:**

Work doesn't end in the office or after a meeting. HFBTs are "on" all the time and often work around the clock. They prefer to work while away on travel so that when they get home, their time is dedicated to their family and friends.

"I feel that I get more work done when I'm on travel. I get back to the hotel, work out and then start working again. I get all my work done during the week so that I have the weekend to spend with my family. If I was back home, I'd be working during the weekend, too."

Phase I

Phase II

# Focus Groups | HFBT Findings









### **Routines:**

The bills still have to get paid, fitness routines continue, and diets are maintained on travel. Travel has become a part of these people's lives and there is little difference between their routines at home and on the road.

"I've been doing it for so long, travel is a part of our lives. We have our weekends and just plan our time together for the weekends. We just adjust and adapt our lives."

Phase I

Phase II

## Focus Groups | Transition Group Findings

### **Balance: Business & Leisure**

It can be difficult to achieve the right balance between getting everything done for work and also scheduling in some time for leisure.

Sometimes, there is unanticipated work that needs to get done and the leisure part of the trip is cut short.

### Individual v. Group Dynamics

The dynamics of the trip is different if the participant is expecting other to join him/her on the trip. Having family or a friend join for the trip or parts of the trip often creates additional stress.

Sometimes, a tag-on guest doesn't understand that he/she has work to do or that he/she isn't able to spend as much with the guest as originally expected.

"If someone is traveling with me, I usually plan to work a certain time and then plan ahead to spend time with them. I can arrange my schedule so that I work certain days or times and then spend time with them when I'm done."

Phase I

Phase II

# Focus Groups | Transition Group Findings



### Family:

Transition travelers sometimes often invite family members to travel with them or to join them at the end of their trip. A business trip can morph into a leisure trip once work is done.

"If my husband and kids join me, they usually keep themselves occupied until I'm done with work. Everyone is self-sufficient enough that they can find things to do when I'm working."

Phase I

Phase II

# Focus Groups | Transition Group Findings





### **Social Connection:**

Many transition travelers will visit and spend time with friends who work or live in the city they are traveling to. This is a great way to stay connected with their social circle.

"We go for a conference but we make plans to all meet up while we're there attending the conference. It turns into a social event, too."

Phase I

Phase II

# Focus Groups | Transition Group Findings







### **Cost:**

Adding leisure days to an existing work trip is a cost effective way to enjoy a mini vacation.

"It's not every day that I get to go to Hawaii so I'm going to stay a few extra days."

Phase I

Phase II

# **Focus Groups** | Transition Group Findings









### **Sense of Time:**

Since the original purpose of the trip was business, balancing the time spent on work and leisure and knowing when to transition between the two can be challenging at times. This is especially true when transition travelers invite others to travel with them.

"They understand this is a work trip and if a client calls or work needs to be done, that I need to stop and attend to that. There are no hard feelings."

Phase I

Phase II

# **Focus Groups** | Transition Group Findings











### **Identity:**

The balance between business and leisure is often a struggle for transition travelers. Often times, the lines are blurred and some might even need a reminder to have fun.

"The computer for me is like 24 hours a day. All the neat places I get to travel are also work related. I find it kind of frustrating that I'm in Hawaii or some other exotic place but I'm responding to emails all day."

Phase I Phase II

## Focus Groups | Leisure Findings

### **Experience v. Relationship**

There seems to be two main purposes to leisure trips: one is to seek new experiences and go to places one has not gone to before and the other is to use the trip to enhance relationships.

Both experience and relationship trips can happen alone, with one other person, or with family or friends. Although not mutually exclusive, people tend to weigh towards one of these two purposes.

### **Intimate v. Group Dynamics**

The dynamics of traveling alone or in a group is vastly different. There's a lot more planning involved when traveling with a group. Groups involve taking other people's schedules, budgeting, and interests in mind.

When traveling alone or with one other person, the itinerary can be much more spontaneous (though not all the time).

Phase I

Phase II

## Focus Groups | Leisure Findings



### Family:

Leisure travel is often done with family or to visit family. Family vacations are very popular and people really look forward to these trips as a wayto reconnect with family.

"Christmas, spring break, vacations ... same time. We have a block of time that we have to make something happen during that week with family."

Phase I

Phase II

# Focus Groups | Leisure Findings





### **Social Connection:**

Group travel with friends is a very popular type of leisure travel. Wth busy schedules, it is often difficult to get friends together. Taking a trip together is one way to reconnect.

"We do a guys trip every year and we really try to keep that going. It's a set trip at the same time every year for the beginning of spring training."

Phase I

Phase II

# Focus Groups | Leisure Findings







### **Cost:**

Most people are cost conscious and if traveling with a group, one must take into consideration everyone's budget. People are more likely to look for deals when planning a leisure trip.

"We booked our group Vegas trip early because it was a great deal. The airfare was cheap and the casino we stayed at had a great package deal. It was spontaneous and we wanted to get together as well."

Phase I

Phase II

# Focus Groups | Leisure Findings









### **Tradition:**

A leisure trip often represents more than just a trip to get away. Many participants made it a tradition to travel during certain times of the year, for special events, or to the same location. For families, they mentioned wanting to create a family tradition to take a trip every year.

"Every year, we go to spring training and we go to the same steakhouse every Sunday." We work our schedules around that night."

Phase I

Phase II

# Focus Groups | Leisure Findings











### Information:

Many participants mentioned researching for a trip and some found it to be very enjoyable. The planning phase is when they are gathering lots of information in order to plan their trip.

"We usually start with how much it will cost and then it's how long we can stay for. Then we start looking into what activities to do. Someone will come up with the idea for a destination. There's usually one or two people that are the planners and the rest will just say yay or nay."

Phase I

Phase II

### Focus Groups | Leisure Findings













#### **Memories:**

Creating memories is a very important part of leisure trip. Most participants stressed over wanting to remember the trip through photos, memorabilia, or souvenirs.

"We have an annual guys trip that we do every year. We do this to have something to talk about later. It's about memories, creating memories."

Phase I

## Focus Groups | Concepts







Phase II

Phase II

## Focus Groups | Concept 1

#### Scenario 1: Photo Frame Product



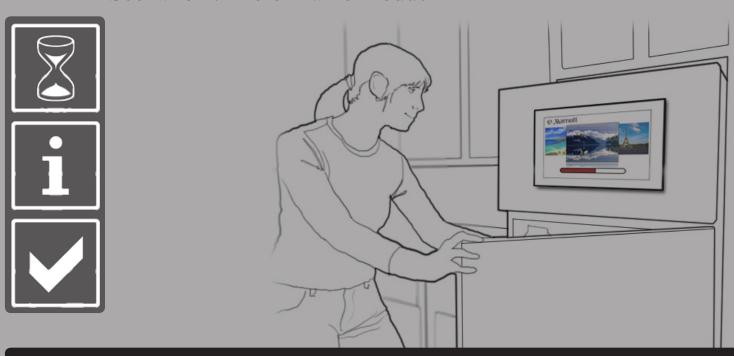
**Scenario:** Katie had a long day at work. As she goes to her refrigerator for an afternoon snack, she previews the various vacation spots she's considering at the end of this year. Below each image, she can see how many Marriott Rewards points she needs and how many points she's already saved up for that specific destination.

**Questions:** Would you want access to planning and previewing future travel experiences through an easy to use photo frame product? Would you want Marriott to recommend destinations and deals directly to your home? What kind of information would you like to see on this photo frame product?

Phase II

### Focus Groups | Concept 1

#### Scenario 1: Photo Frame Product



Help me establish "pulse checks" on my relationships & goals

Help me be in control over my information

Help me escape monotony

Help me by supporting my daily routines

Overall, this concept was not well received and participants expressed little interest

Most participants felt they were already inundated with information and saw this contributing to the clutter

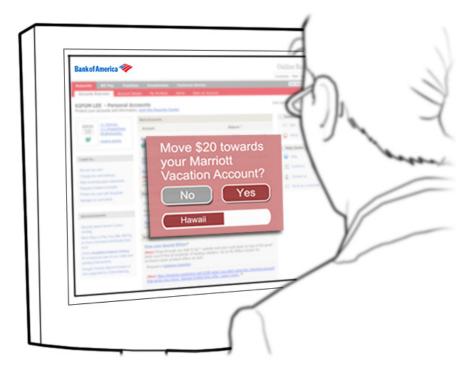
Most mentioned that they would expect this information to be in email form or presented on the Marriott Rewards website. They would be more likely to use it if it was sent via email

Some HFBTs mentioned that having something like this during their stay could help alleviate their frequent boredom and might interest them in the hotel room setting

Phase II

## Focus Groups | Concept 2

#### Scenario 2: Marriott Vacation Account



**Scenario:** Janet sets aside the last weekend of every month to take care of her monthly bills online. After taking care of all her bills, her bank asks her if she would like to contribute some remaining funds into her Marriott Vacation Account. She also gets a preview of how much she's already saved towards an upcoming Hawaii trip.

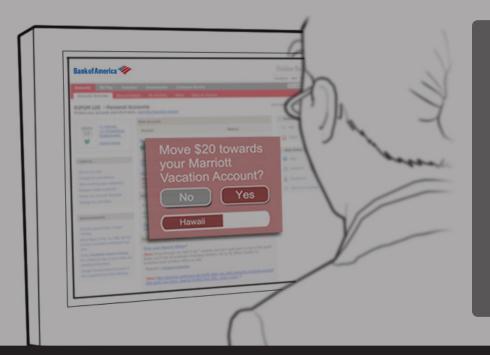
**Questions:** Would you want a way to set up a vacation account with your bank? If so, what kind of information would you like to preview as you are prompted to contribute to your vacation account?

Phase II

## Focus Groups | Concept 2

#### Scenario 2: Marriott Vacation Account





Help me create feasible goals

Help me plan financially for the future

Help me feel like I'm saving something by keeping costs down

Overall, participants showed little interest in this concept. Some could see how this might be helpful for some people (younger generation) but didn't feel that they themselves would benefit

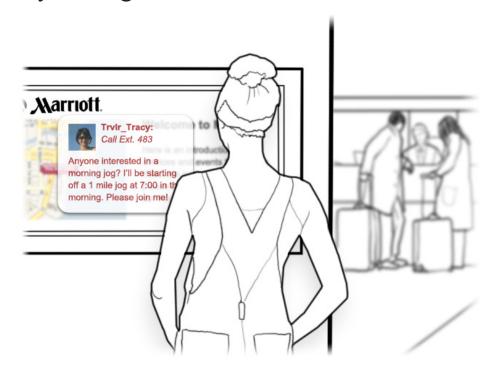
Most felt that they did not need any help saving towards a vacation and those that did already had some sort of similar tool with their banks

Participants who travel in groups did see a benefit for being able to organize the cost of the trip and having everyone pay for their portion of the costs using a similar tool

Phase II

### Focus Groups | Concept 3

#### Scenario 3: Activity Sharing Interface



**Scenario:** Jill is an avid runner who usually runs with her best friend Hannah. While away from home, she finds another jogger in the hotel through the lobby interface who is also interested in a morning run. She sees Tracy's post and decides to join her the next day for a jog at 7:00 AM.

**Questions:** Would you want to know if others at the hotel are interested in an activity? Would you like to post such activities for others to see? In which type of activities would you be interested?

Phase II

## Focus Groups | Concept 3

#### Scenario 3: Activity Sharing Interface





Help me accomplish tasks

Help me by supporting my daily routines

Help me escape monotony

Help me with efficiency

Help me connect/maintain connection with others

Overall, participants did not see themselves using this interface, with the exception of HFBTs in Chicago who were big fans

Many participants mentioned it would be "creepy" to meet up with random strangers or to have others see what they were doing. They women were especially concerned with safety

Several participants stated that when they traveled, they preferred to spend time with their own group and were not interested in meeting up with others

The Chicago HFBTs found this tool to be very useful and thought it was a great way to meet up with others to work-out (run) or to explore the city (new restaurants, go site seeing, etc)

Phase I

Phase II

## Focus Groups | Concept 4

#### Scenario 4: Sharing Media With Others



**Scenario:** Steven is on travel in China away from his wife and daughter. He communicates with them through the TV in his room and shares images and video clips that he took earlier in the day.

**Questions:** Would you want to communicate with people through a video interface? Would you like to share images and video clips with others during your travel? Would you like to organize your images and clips of your trip during your travel as opposed to afterwards? What types of information would you like to associate with your media?

Phase II

## Focus Groups | Concept 4

#### Scenario 4: Sharing Media With Others



Help me build stronger relationships with family

Help me balance work and life

Help me preserve/create traditions

Help me by supporting my daily routines

Help me connect/maintain connection with others

Beomg able to communicate with friends or family using technology is a big hit with participants but interest in using a Marriott provided tool is low mainly because they are already doing this using another tool. They also like the ability to share immediately as opposed to post trip. Most are using Skype to video conference or are posting pictures and videos online to share on Facebook

Several people were concerned with uploading any content to Marriott servers and if that content would be private. Privacy and technology were definite concerns

Social media has made it very easy and quick to share thoughts, photos, videos, etc with friends and family and some felt this tool would be an extra and unnecessary step

Phase II

### Focus Groups | Concept 5 (Leisure)

#### Scenario 5: Family Room Theme



**Scenario:** The Russell family opted to try a "Family Room Theme" for their vacation. As they enter their room, they see images and notes left by the Monahan family who previously stayed there. The Monahans posted images of their experience and left recommendations for the Russell family.

**Questions:** Would you and your family (or group of friends) be willing to share parts of your travel experiences with others? Would you want to know about some of the things other families (or group of friends) have done while they were in the same hotel?

Phase II

### Focus Groups | Concept 5 (Leisure)

#### Scenario 5: Family Room Theme





Help me expose new cultures to my family

Help me expose my family to new things and activities

Helpe me support family education

Help me build stronger relationships with my family

Help me use information to build my relationships

Interest in this concept was low and most mentioned that they did not like to think about other people staying in the same room

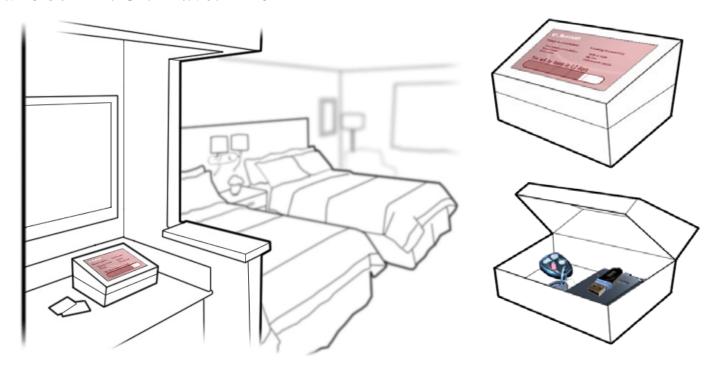
What other families enjoyed or liked is not necessarily what they would like. Also, every family has its own purpose, budget, interest, dynamics, etc

Although everyone knows that hotel rooms are occupied by others before they arrive, several did not like being reminded of this

Phase II

### Focus Groups | Concept 5 (Transition, HFBTs)

Scenario 5: "I'm On Travel" Box



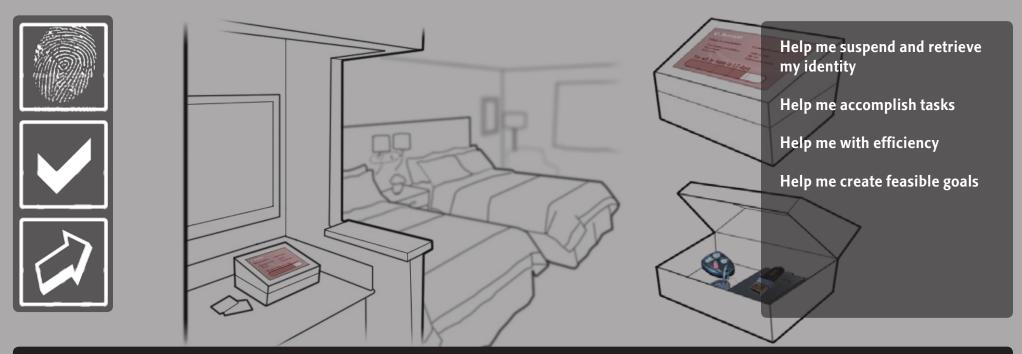
**Scenario:** As James walks into his hotel room, he leaves things that remind him of home in his *I'm on Travel* box. This way, he can concentrate on the upcoming business meetings and not worry about the fact that he is away from home. As his day of departure approaches, his *I'm on Travel* box notifies him of the accomplishments achieved during his stay and the things he can look foward to when he goes home.

**Questions:** Would you want to suspend triggers that remind of you home while you are away on travel? Would you like things to remind you that you are on travel as opposed to being at home? Would you want reminders of things to look forward to at home as the day of your departure approaches?

Phase II

### Focus Groups | Concept 5 (Transition, HFBTs)

Scenario 5: "I'm On Travel" Box



Overall, this concept garnered the least amount of interest from participants

Most people did not feel that they needed help with separating home from travel, especially from any tangible products

Several participants thought that putting things into this box would just lead them to forgetting to take the items once they check out of the hotel

Phase I Phase II

### Focus Groups | Validations Summary

#### **Validated Major Themes**

**HFBTs:** Balance between life and work

**Transitions:** Balance between leisure and work

Leisure: Understanding individual and group travel

#### Notes:

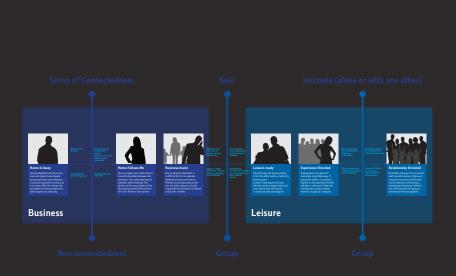
HFBT: There was a difference in the Chicago and Bethesda groups.

- The Bethesda group was made up of mostly government workers and government contractors while the Chicago group was all consultants. The Chicago group was largely single with no kids while the Bethesda group was married with children. The average age was also younger in Chicago. This resulted in a very different attitude towards the work/life balance.
- With less responsibilities back home, the Chicago group did not struggle as much with the work/live balance and was basically accustomed to life on the road.
- The Bethesda group found it much harder to manage their work & their families back home. There was a lot of guilt felt from being away so often. There also seemed to be more tension with spouses.
- Overall the Chicago group was younger and mentioned using social networks to stay connected with friends and family. They often traveled with other consultants and boredom wasn't an issue.
- Overall the Chicago group was more balanced and had adapted to the life of a consultant and had no problem working their every day routine into their situations.

Phase I Phase II

### After Phase II | Major Outputs

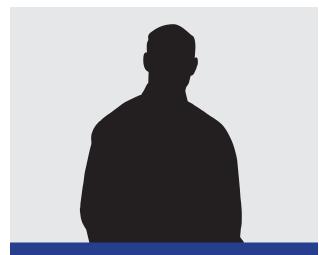
# There were two major outputs following Phases I & II of the research:





Phase I Phase II

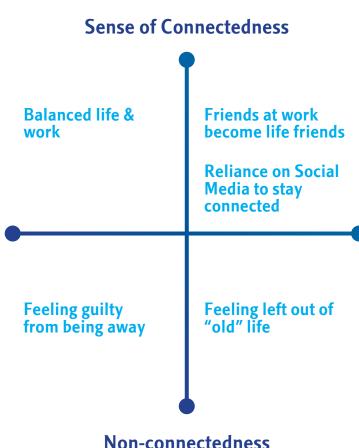
### **Refining Personas** | **HFBTs**



#### **Home Is Away**

He has adapted to his life on the road and enjoys travel despite being away from home. Balance is not just important in travel, but it is a way of life. He is driven by principles and strong beliefs and takes loyalty very seriously.

Home is somewhere away & stable





#### **Home Follows Me**

She is a single, Gen X who doesn't know the boundary between life and work. She rarely experiences boredom while traveling. She thrives on the social aspect of her life & work yet feels left out from her "old" life from time to time.

Home is whereever my body is

Phase I Phase II

### **Refining Personas** | Transition Travelers



#### **Business-heavy**

Due to various constraints, it is difficult for him to separate between business and leisure. If family is accompanying on the trip, the other spouse is usually responsible for activities for herself and/or the children.

**Business-heavy** 

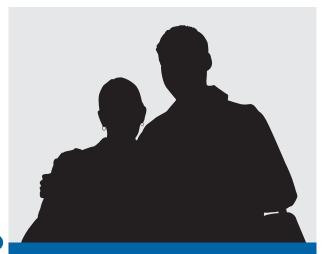
#### Solo

Will take a few hours out of business trip to explore city Anxious about work stacking up despite being on vacation

Spouse in mtgs while other partner finding something to do with kids

Wife getting annoyed at husband who keeps getting work related emails

Group



#### Leisure-ready

She will enjoy the leisure portion of her trip either before or after the business part.

Leisure-ready tag-ons will use this extra time to explore the local area, spend time with family, or relax and take advantage of being away.

Leisure-ready

Phase I Phase II

### **Refining Personas** | Leisure Travelers



**Experience Oriented** 

If going alone, the goal is to reenergize by getting away. If going with others, it may be to explore a new experience & they will plan in advance to take into consideration various needs. interests, budget, & schedules.

**About discovering new places &** experiences

**Intimate (alone or with one other)** 

**Need to get away** from everything & go to an exotic place Going with spouse to a new place to rekindle relationship

May go with group of friends to explore a place together

Going with family to reconnect and reestablish relationships

Group



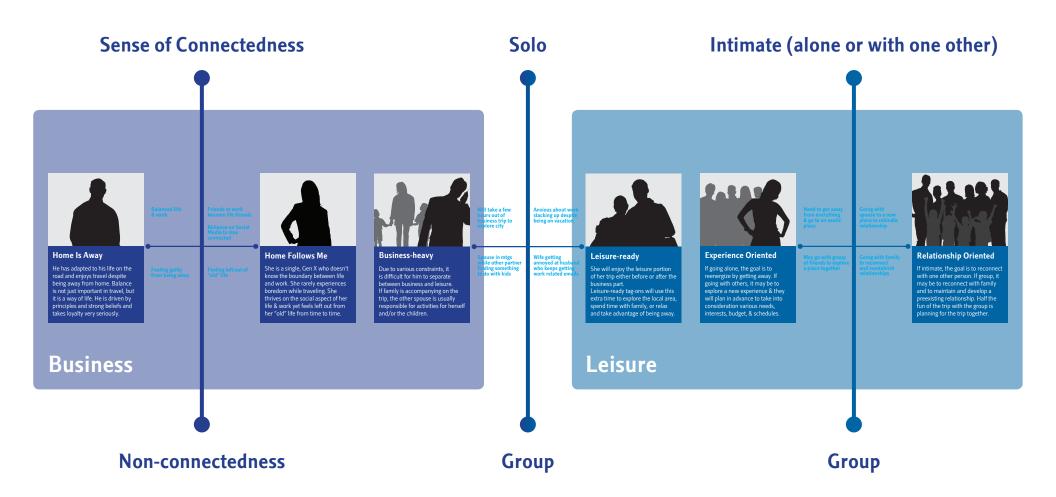
#### **Relationship Oriented**

If intimate, the goal is to reconnect with one other person. If group, it may be to reconnect with family and to maintain and develop a preexisting relationship. Half the fun of the trip with the group is planning for the trip together.

About family vacations, spending time with loved ones

Phase I Phase II

#### **Refined Personas** | Added Dimensions



Phase I Phase II

### **Next Steps**

The next, and final phase of the research is validating findings from Phases I & II in an online panel (quantitative study)

The focus groups (Phase II) uncovered several themes that the team would like to get more clarification on:

- Feelings of guilt toward family or loved one(s) when FBTs travel or work too much
- The role that cost plays in the different phases of travel
- Spontaneous v. Planned travel among Leisure (and perhaps Transition) travelers